

Ysgol Bro Gwaun

Sex Education Policy Polisi Addysg Rhyw

Approved – Governor's Committee January 2019

Review every year

Next Review: 2020

Signed:

Headteacher: _____

Governor: _____

Parent: _____

Pupil: _____

POLISI ADDYSG RHYW / SEX EDUCATION POLICY

Introduction / Aims

To offer all students the opportunity of receiving a comprehensive, well planned programme of sex education throughout their time at school, in accordance with the guidance given in the 'Education Act 1996 : Sex Education in Schools', 'Sexual Health and Wellbeing Action Plan, 2010-2015', the 'SRE' and the requirements of the 'Personal and social education framework for 7-19 year olds'.

SRE is about understanding the importance of stable and loving personal relationships, respect, love, care and the building of successful relationships with friendship groups and the wider community.

Links with other policies:

- ✦ PSE
- ✦ Anti-bullying (homophobic bullying)
- ✦ Safe guarding/Child Protection
- ✦ Equality
- ✦ Confidentiality
- ✦ Health and Safety
- ✦ Substance misuse
- ✦ Healthy Schools

The Process

The consultation process has involved: The School Council, Parents, School Nurse, Governors and Staff

Objectives

- ✦ To prepare students for the opportunities, responsibilities and experiences of adult life.
- ✦ To promote the spiritual, moral, cultural, mental and physical development of all students.
- ✦ To provide equal opportunities for all students.
- ✦ To recognise and take account of the different levels of physical and emotional maturity of students within a group.

Moral and Values Framework

The sex education programme will:

- ✦ Present facts in an objective and balanced manner, to enable students to comprehend the range of sexual attitudes and behaviour in present day society.
- ✦ Enable students to know what is and is not legal.
- ✦ Help students to consider their own attitudes and to make informed, reasoned and responsible decisions about the attitudes they will adopt both in school and as adults.
- ✦ Teach the physical aspects of sexual behaviour in a way which encourages students to consider the importance of dignity and respect for themselves and others and the physical, emotional and moral risks of casual sexual behaviour.
- ✦ Foster recognition that both sexes have a responsibility in sexual matters.
- ✦ Stress the importance of family life while accepting that not all family groupings are the same. Emphasise the ideas of caring, stable, secure relationships and the responsibilities of parenthood.

Sex Education Programme: An Outline

Year 7: Puberty

Year 8: Adolescence

Year 9: Relationships

Year 10: Relationships

Year 11: Marriage and the family

Year 12/13: Personal relationships and social pressures

Year	Key areas
7: Puberty	Basic reproduction, emotional changes, exercise, teeth, cleanliness
8: Adolescence	Changes to the body, mood swings, self-esteem, emotional changes, reproduction
9: Relationships	Types of relationships, reproduction, sexually transmitted diseases including HIV and AIDS, contraception
10: Relationships	Sexually responsible behaviour, transmitted diseases including HIV and AIDS, contraception
11: Marriage and	Education for parenthood

Family	
12/13: Personal relationships and social pressures	Types of relationships, transmitted diseases, different types of contraception, social pressures

Additionally, the Science National Curriculum requires that students at Key Stage 3 be taught about human reproduction and the physical and emotional changes that take place during adolescence.

The Management and Organisation of the Sex Education Programme

- ✚ The PSE co-ordinator for KS3/4 is Miss Alana Finn and for KS5 is Mrs Elizabeth Hooper. Both will manage the SRE provision for each key stage.
- ✚ The Governing Body has agreed that Sex Education should include lessons dealing with AIDS and contraception. A representative from the governing body signs all relevant policies.
- ✚ Sex education will be delivered as part of the Personal and Social Education programme.
- ✚ It will be delivered in Years 7, 8 and 9 by the form tutors and the School nurses during Health days.
- ✚ From Years 10 - 13 the programme will be taught by a small team of specialist PSE teachers, including the School nurses and outside agencies with expertise of Mental Health and well-being and personal belonging. The SENSE DVD is also used as part of the programme.

The School nurse will ensure that there is adequate liaison with the primary feeder schools, to facilitate effective progression from primary to secondary schools.

All staff teaching sex education, will follow the agreed approaches and Attitudes outlined in the PSHE schemes of work.

Learning Outcomes KS3

- Know the law relating to various aspects of sexual behaviour;
- Know about contraception, sexually transmitted infections and HIV within the context of relationships;
- Recognise the features of safe and potentially abusive relationships;

- Understand the role of marriage, the importance of stable family relationships and the responsibilities of parents;
- Understand the range of emotions they experience and how to develop strategies for coping with negative feelings;
- Understand the benefits of accessing different sources of information, support and advice;
- To be able to make and maintain friendships, and begin to negotiate behaviour in personal relationships;
- Understand what they believe to be right and wrong actions and the moral dilemmas involved in life situations.

Learning Outcomes KS4

- Understand the range of sexual attitudes, relationships and behaviour in society;
- Understand the importance of sexual health and the risks involved in sexual activity including potential sexual exploitation;
- Understand the features of effective partnership and the effect of loss and change in relationships;
- Know how to access professional health advice and personal support with confidence.

Learning Outcomes KS5

- To understand the potential consequences of sexual activity for themselves and personal relationships
- How to critically evaluate personal lifestyle choices in the context of physical health and emotional well-being, considering the short and long term consequences of such decisions;
- The potential consequences of sexual activity for themselves and personal relationships.

Resources

The following resources are used to deliver SRE:

- ✚ Sense DVD KS2/3
- ✚ Sense DVD KS4
- ✚ Board works Personal Wellbeing (interactive programme)
- ✚ Science/R.S Schemes of Work

Language Use

All staff will:

- Use the correct terms for all body parts as this is deemed good practice;
- Openly teach pupils what 'slang' words mean and that some are offensive;
- Avoid the use of any slang.

Ground rules

- Respect will be shown at all times;
- No personal questions are acceptable in SRE lessons;
- Will/will not keep confidentiality;
- Students have the right not to participate in activities or discussions which make them feel uncomfortable;
- Strategies will be developed to ease embarrassment if it occurs.

Single and mixed sex groups

- All pupils will learn the same things, however, where possible opportunities will be made for pupils to discuss matters further in single sex groups or individually;
- All lessons will be taught in mixed sex groups.

Accessing Sexual Health Services

Active Referrals and/or School based Sexual Health service

YBG has a school based nurse who is qualified to:

- Counsel young people on sexual health issues
- Support the delivery of SRE through PSE
- Distribute Condoms
- Actively refer to other sexual health agencies.

Representative staff attend training provided by the LEA and in house inset provided by the School Nurse and The PSE co-ordinator.

Specific Issues within SRE

Contraception

Teaching about contraception is taught in the usual way in a class setting and in an interactive manner. Health professionals will be consulted where appropriate. Teachers will give information about where pupils can obtain confidential advice and counselling.

C-Card Scheme

The School takes part in the Pembrokeshire Condom Card Scheme working with the appropriate agencies.

Abortion

When Abortion issues are discussed in the school, pupils will be given the opportunity to explore the dilemmas, appreciate the validity of opposing views, and develop the communication skills to discuss it with parents and health professionals.

The main concern is to reduce the incidence of unwanted pregnancy, and the focus should be on providing appropriate information and the effective advice on contraception and the benefits of delaying sexual activity.

The religious convictions of pupils and their parents should be respected.

Sexual Orientation

Teachers will deal with this issue honestly, sensitively, and in a non-discriminatory way. They will answer appropriate questions and provide factual information. Pupils will be encouraged to respect and recognise diversity and differences in human life.

Any instance of bullying will be dealt with following the anti bullying policy.

STI's including HIV

The strategies of teaching about STI's, including HIV, will include:

- Helping pupils clarify their knowledge of STI's including HIV;
- Teaching them assertive skills for negotiating relationships;
- Enabling them to become effective users of services that help prevent/treat STI's and HIV

Confidentiality

Staff must highlight any concerns regarding Child Protection immediately to the Head teacher. If staff feels that pupils would benefit extra sessions from the nurse then they can refer the pupils and also staff through the Year Progress Manager can refer pupils to the School counsellor.

Pupils and parents or carers are made aware of the school's confidentiality policy and how it works in practice and that teachers cannot offer unconditional confidentiality, particularly in relation to personal disclosures. However, pupils would be assured that their best interests will be maintained.

Pupils are encouraged to talk to their parents/carers about sexual issues.

Safeguarding

SRE may bring about disclosures of safeguarding children issues and all staff are conversant with the procedures for reporting their concerns. In these cases, the school's safeguarding children policy needs to be referred to.

Working with parents

- ✦ Parents, who wish to discuss the sex education programme, should in the first instance, contact the Head teacher at the school. It is the intention of the governors and staff that the teaching offered in the sex education programme should complement and support the role of parents and should give due regard to their views.
- ✦ Parents who wish to withdraw their child from part or all of the sex education programme should write or can come to School and discuss their their wishes regarding their child not participating in the sex education programme.

Monitoring and Evaluation

After all Health Days pupils have the opportunity to evaluate the provision given to them on the day. All questionnaires are evaluated and any concerns are addressed appropriately.

The School has a PSE co-ordinator link on the School Council and PSE is discussed in the meetings and any concerns or amendments required are referred back to a member of the SMT.

Staff have the opportunity to feedback in Year Progress Manager meetings regarding the SRE provision. Also in these meetings any local or national developments priorities are discussed and shared.

Arrangements for reviewing the policy

The policy will be presented to the governing body and the School Council for ratification. It will be reviewed as required by changes in legislation and WAG guidelines and as part of the full review of School policies.