



Ysgol Bro Gwaun

Hydration Policy

Approved – Governor's Committee October 2014

Review every 3 years

Next Review: 2017

Hydration Policy

Rationale

- Provision of free, fresh drinking water is expected under “Food and Health strategy for Pembrokeshire Schools & School site Leisure Centres 2005 and “Appetite for Life” Welsh Assembly Government 2007. Provision of water within schools is a necessity to protect the health and assist the hydration of children and staff. It is important that the water is free and fresh, and presented in an easy to use and hygienic way, and preferably chilled.

Aims

- At Ysgol Bro Gwaun we ensure children have open access to fresh drinking water at all times during the day to promote the health, wellbeing and learning opportunities of all pupils and staff.
- At YBG we provide an environment that provides drinking water as a pleasurable experience.

Objectives

- At YBG we work towards ensuring that this policy is both accepted and embraced by the whole school community - school management, staff, pupils, governors, parents, site manager, cleaning and catering staff.
- To raise awareness of the importance of drinking water regularly throughout the day with pupils, parents staff and governors.
- Staff drink water in front of pupils.
- We review formal curriculum to ensure information relating to the importance of hydration is consistent and up-to-date.
- Children have access to water at all times.
- Water coolers - Our water cooler is easily accessible and positioned in a hygienic and safe environment. Our water cooler is regularly serviced by an outside contractor.